

be the GROOVE

rhythmic performance ensemble

Educational Offerings

WORKSHOPS

A great *introduction* to the Be the Groove techniques

- 10 to 75 participants
- Beginner-Advanced
- 90-120 minutes
- Meets once



Great for any age or group. Workshops can range from specifically themed topics (e.g. "Teambuilding", "Improvisation", "Risk"), to exploring technique, to "Be the Groove 101" –which covers a variety of skills and concludes with a short student-performed piece!

MASTER CLASSES

Focus on a *specific technical skill*

- 5 to 20 participants
- Intermediate-Advanced, (Dance or Music experience required)
- 60-180 minutes
- Meets once or in series



These singular classes focus specifically on technique and/or style. The classes offer unique BTG perspective on the movement and percussive skills students already possess. Master classes challenge students to apply their strong skill base to new mediums, with fresh attention to style. Generally reserved for intermediate to advanced students of movement and/or percussion.

INTENSIVES

An *in-depth* study of a *variety of skills* over a series of classes

- 10 to 25 participants
- Dance or Music experience recommended
- 30-60 minute blocks
- Totalling 2-4 hours per day for 2-4 Days



These programs typically span 2-4 days. The classes are shorter in length, but are packed with activity. Though they may be structured around comprehensive BTG techniques, these classes usually target specific skills, technique, and style. Generally reserved for students with an established base in movement and/or percussion.

RESIDENCIES

Recurring, *in-depth* study of several technical skills

- 6 to 30 participants
- Beginner-Advanced
- 60-90 minute classes
- 3 to 10 weeks



The classes offer an extended, broad education that thoroughly explores the foundations of rhythm. Then we build upon the basics. Residencies and Interim Workshops can culminate with a short student-performed piece. They can incorporate performances by Be the Groove company members as well.